

**NORTH TEXAS DIABETES AND ENDOCRINOLOGY**

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**MEDICAL HISTORY QUESTIONNAIRE**

DATE: \_\_\_/\_\_\_/\_\_\_

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_ HEIGHT: \_\_\_\_\_ WT: \_\_\_\_\_

**INITIAL HISTORY**

1. WHY ARE YOU COMING TO THE DOCTOR? \_\_\_\_\_  
\_\_\_\_\_

2. HAVE YOU EVER HAD ANY OF THE FOLLOWING (Please check)?

- DIABETES
- HIGH BLOOD PRESSURE
- HIGH CHOLESTEROL
- HEART ATTACK
- THYROID PROBLEMS (since when: \_\_\_\_\_)
- STROKE / MINI STROKE (Please circle)
- ASTHMA / ALLERGIES (Please circle)
- LUNG DISEASE
- CANCER (which one: \_\_\_\_\_)
- GOUT
- DEPRESSION / ANXIETY
- OTHERS \_\_\_\_\_

3. LIST ANY SURGERIES THAT YOU HAVE HAD:

SURGERY: \_\_\_\_\_ YEAR: \_\_\_\_\_

SURGERY: \_\_\_\_\_ YEAR: \_\_\_\_\_

SURGERY: \_\_\_\_\_ YEAR: \_\_\_\_\_

4. LIST ANY PAST HOSPITALIZATIONS:

WHEN: \_\_\_\_\_ WHY: \_\_\_\_\_

WHEN: \_\_\_\_\_ WHY: \_\_\_\_\_

5. WHAT MEDICATIONS ARE YOU TAKING (If Diabetic, see Diabetes Questionnaire)?

MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____
MEDICATION _____	DOSE _____

6. ARE YOU ALLERGIC TO ANY MEDICATIONS? YES NO

IF YES, WHICH ONES? \_\_\_\_\_  
\_\_\_\_\_

7. FAMILY HISTORY:

A) DO YOU HAVE FAMILY MEMBERS WITH DIABETES? YES NO

IF YES, WHO HAS DIABETES? \_\_\_\_\_

B) DO YOU HAVE FAMILY MEMBERS WITH A THYROID PROBLEM? YES NO

IF YES, WHO HAS THYROID PROBLEM? \_\_\_\_\_

C) PLEASE CHECK IF BLOOD RELATED MEMBERS OF YOUR FAMILY HAVE HAD ANY OF THE FOLLOWING:

\_\_\_\_ HEART DISEASE      \_\_\_\_ KIDNEY FAILURE      \_\_\_\_ OBESITY (who? .....)  
\_\_\_\_ STROKE              \_\_\_\_ THYROID CANCER      \_\_\_\_ HIGH BLOOD PRESSURE  
\_\_\_\_ PITUITARY DISORDER      \_\_\_\_ HIGH CHOLESTEROL      \_\_\_\_ CANCER (which one? .....).

8. IMMUNIZATION:

WHEN

FLU SHOT \_\_\_\_\_  
PNEUMO VACC \_\_\_\_\_

9. SOCIAL HISTORY:

MARITAL STATUS: Single Married Divorced Separated Widowed

DO YOU SMOKE CIGARETTES? \_\_\_\_\_ HOW MANY PACKS /DAY? \_\_\_\_\_

DO YOU DRINK ALCOHOL? \_\_\_\_\_ HOW MANY PER DAY? \_\_\_\_\_

JOB / PROFESSION:

ACTIVITY: Sedentary / Moderately active/ Very active

10. CURRENT SYMPTOMS (Review of Systems):

**General:**

Weight Gain YES OR NO (How much? \_\_\_\_\_)  
Special Dietary changes if any: \_\_\_\_\_  
Weight Loss YES OR NO (How much? \_\_\_\_\_)  
Weakness YES OR NO  
Fatigue YES OR NO

**Skin:**

Hair Loss YES OR NO  
Itching YES OR NO  
Dryness YES OR NO

**Eyes, Ear, Nose & Throat:**

Blurred vision (recent) YES OR NO  
Cataract YES OR NO  
Laser Treatment (not LASIK) YES OR NO (when? \_\_\_\_\_)

**Chest:**

Cough YES OR NO  
Shortness of breath YES OR NO  
Snore YES OR NO

**Cardiovascular:**

Chest pain YES OR NO  
Palpitations YES OR NO  
Shortness of breath with exertion YES OR NO

Shortness of breath while lying flat	YES OR NO
Swelling of the legs/ ankles	YES OR NO
Painful legs while walking	YES OR NO
Foot ulcers	YES OR NO

**Gastrointestinal:**

Loss of appetite	YES OR NO
Excessive hunger	YES OR NO
Heartburn	YES OR NO
Nausea	YES OR NO
Abdominal pain	YES OR NO
Constipation	YES OR NO
Loose bowel movements (diarrhea)	YES OR NO

**Urinary:**

Frequent urination	YES OR NO
Problem starting stream	YES OR NO
Incontinence	YES OR NO

**Genital:**

Libido (desire) Normal or Low

Men:

Erection problems YES OR NO

Women:

Regular periods YES OR NO

No. of pregnancies: \_\_\_\_\_

Menopause YES OR NO (age at menopause: \_\_\_\_\_)

*If yes: natural or surgical*

Age, periods started: \_\_\_\_\_

Last menstrual period: \_\_\_\_\_

**Musculoskeletal:**

Arthritis YES OR NO

*If yes: what joints bother you the most:* \_\_\_\_\_

Tendonitis/ Bursitis YES OR NO

Back or neck pain YES OR NO

**Neurological:**

Frequent headaches YES OR NO

Burning sensation or pain in the feet YES OR NO

Numbness in the feet YES OR NO

Pain or numbness in the hands YES OR NO

Depressed YES OR NO

Mood swings YES OR NO

*If you are seeing Dr. Haque for Diabetes, please fill out the Diabetes 1<sup>st</sup> visit Questionnaire as well.*

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Wasim A. Haque, M.D. (Reviewed with the patient)

\_\_\_\_\_  
Date